



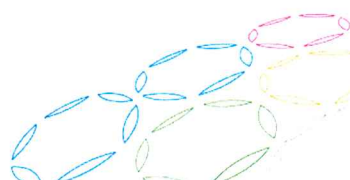
Íslandsk byg fra aker til levnedsmidler

2. Levnedsmidler

Ólafur Reykdal



Public meeting at Búnaðarstovan
12 November 2016, Faroe Islands



Icelandic barley

Barley production 10 – 16 thousand tons/year

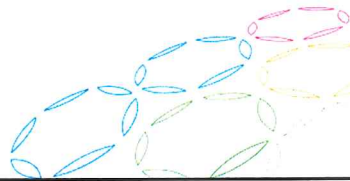
Food uses about 100 tons per year

- Bakery products
- Flour for consumer market
- Pearled barley for consumer market & restaurants
- Breakfast cereals
- Alcoholic beverages



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Developments

Matis and The Agricultural University of Iceland have carried out national projects to increase the food use of barley.

The Association of Bakeries has promoted barley for bread.

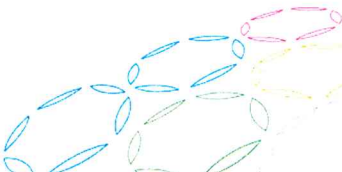

Several bakeries have baked barley bread.





Barley food products

Products	
Bread	
Biscuits	
Breakfast cereals	Extruded
Barley flakes	Barley porridge. Breakfast cereals
Pearled barley	Replaces rice



Barley flour



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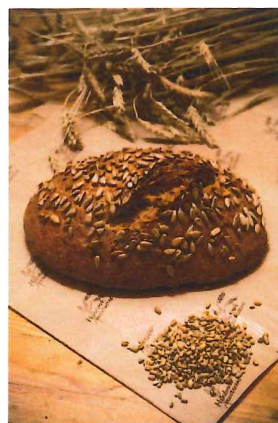
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Bread

Barley flour (30%) and wheat flour (70%) were used successfully for barley bread.


Barley gave good flavour and dark colour.




Ólafur Reykdal

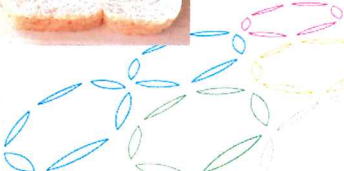
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Bread



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Pearled barley



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Flat bread with barley




Barley biscuit



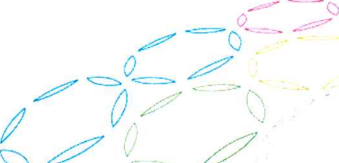
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
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Breakfast cereals



- Extruded breakfast cereal
- 100% barley
- No sugar in the original product
- Additional products with little sugar
- Rich in dietary fiber



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Popped barley as snack or muesli



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